

## **PREVENTIVE, PALLIATIVE, AND CURATIVE MEDICINES**

### **Medicines that prevent illnesses**

vaccines

vitamins (e.g. C, D, B )

minerals (e.g. fluoride, calcium, iron)

### **Medicines that cure illnesses**

antibiotics

some cancer medicines

vitamins (in the treatment of deficiencies)

minerals (e.g. iron in the treatment of anaemia)

### **Medicines that alleviate symptoms (palliatives)**

painkillers

allergy medicines

cough medicines

cortisone cream

asthma medicines

nasal sprays for a congested nose

constipation medicines

diabetes medicines (compensate for the body's inability to produce vital insulin)