

THE EXAMPLES OF PREVENTIVE, ALLEVIATIVE, AND CURING MEDICINES

Medicines that prevent illnesses

vaccines
vitamins (e.g. C, D, B)
minerals (e.g. fluoride, calcium, iron)

Medicines that cure illnesses

antibiotics
some cancer medicines
vitamins (in the treatment of deficiencies)
minerals (e.g. iron in the treatment of anaemia)

Medicines that alleviate symptoms (palliatives)

painkillers
allergy medicines
cough medicines
cortisone cream
asthma medicines
nasal sprays for a congested nose
constipation medicines
diabetes medicines (compensate for the body's inability to produce vital insulin)